

Temperament of man

Programming Help

Everything that happens around each perceives in different ways. Perception depends on many factors, among which the upbringing, temperament and social position of the individual. In this article you can familiarize yourself with the four types of temperament and find out what you feel.

The temperament acts as a foundation. Thanks to him, behavior, activity and social status is determined. The first who suggested the presence of different temperaments in humans has become a hippocrates, noting that there are 4 substances of the body. On the Internet, there is also a large number of tables with a description of the advantages and disadvantages of each temperament. Below for you is presented with a characteristic of each temperament. Man-choleric

It is worth noting that choleric have a very strong and volitional character. Such people are often distinguished by imbalance, incontinence, and are also quite active and emotional. Choleric can be reduced and love to dominate the interlocutor. They are excellent speakers, and are also able to defeat almost any dispute. Choleric are good leaders, and in family life, the second half is often perceived as their property.

The main disadvantages of people with such temperament can be attributed:
impulsive and unbalanced behavior;
straightness and sharpness in communicating with people;
aggressiveness;
impatience. Sanguine man

Sanguines are people who are incorrigible optimists. They just can not sit idle for a long time. Sanguines love to be the center of attention, but they are distinguished from choleric a softer approach to others.

They go well with people and are quite capable of leading the crowd, as they have excellent oratorical abilities. People with such temperament find a compromise in any situation. The shortcomings of the Sanguines can be attributed to the following:
They are not able to bring the case to the end, they are often taken for something and throw halfway;
Quite often overestimate their capabilities;
Sanguines often change the mood.

Sanguinics are recommended to work the power of will. Man-phlegmatic

Flegmatics are quite calm, balanced and carefully thinking their steps. They are always calm and often lazy, prefer to inactive. This type is considered the most balanced and emotionally stable. Phlegmatics are closed enough, they like to spend time at home. The disadvantages include: notionlessness, as well as a bad reaction to external stimuli;
Do not go too well to contact with people, slowly turn on to work;
It is hard to adapt when changing the situation. Man-melancholic

Melancholics are depressive people who are often disappointed in life. They are always in an adequate mood and are sluggish. These people can be sad without a reason and experience all negative emotions in themselves. Most often, melancholys have a mass of complexes, and the level of their self-esteem is striving for zero. With other people, Melancholic communicate a little, and they also hard to find their soul mate. The disadvantages of such temperament include:
emotional instability;
Complexistance and insecurity;
pessimistic mood;
A propensity to frequent depression and self-destruction.